

Monographs:

1. Zarozevych-Shadrina S.R. Optimization of physical education of preschool children and younger schoolchildren. Monograph. Mountain school in the conditions of reforming the education system: competence vector / For science. ed. [Ph.D.Sc.](#) Oliyars M.P.; DVNZ "PNU named after V. Stefanyka" Ivano-Frankivsk: V.P. Suprun, 2018. 376 p. P.110-116.
2. Optimization of physical education of preschool children. Monograph. Ivano-Frankivsk: LLC "VHC "Prosvita", 2019. 414 p.
3. Preparation of future teachers for the formation of children's health culture in the "Kindergarten School": theory and practice. Monograph. Lutsk: Volyn polygraph, 2020. 316 p.

Articles in professional publications of Ukraine:

- a. 1. Zamrozevych-Shadrina, S. R. Health-saving competence of primary school students. Scientific Journal of the National Pedagogical Dragomanov University. Series 15: Scientific and Pedagogical Problems of Physical Culture (Physical Culture and Sports), Drahomanov National Pedagogical University, 2018. 12(106), 4246.
2. Problems of valeological education of primary school students. Obrii, IFOIPPO, 2018. 2 (47), 109111.
3. Formation of a healthy lifestyle of future teachers. Scientific Journal of the National Pedagogical Dragomanov University. Series 15: Scientific and Pedagogical Problems of Physical Culture (Physical Culture and Sports), 2019 3K (110), Drahomanov National Pedagogical University, 220223.
4. Zamrozevych-Shadrina, S. R. Formation of a culture of personal health in domestic and foreign experience. Pedagogical sciences: theory, history, innovative technologies, 2020. 10 (104), Sumy State Pedagogical University named after A. S. Makarenko, 347-355 (5 international scientific bases).
5. Zamrozevych-Shadrina, S. R. Pedagogical conditions for the preparation of future teachers to form a culture of children's health. Scientific notes. Series: Pedagogical Sciences, 2021. 196, Sumy State Pedagogical University named after A. S. Makarenko, 106-110.
6. Zamrozevych-Shadrina, S. R. Preparation of future teachers for the Translated with www.DeepL.com/Translator (free version) formation of a culture of children's health: structural and component characteristics. Pedagogical sciences: theory, history, innovative technologies, 2021. 1 (105), Sumy State Pedagogical University named after A. S. Makarenko, 173-183.
7. Zamrozevych-Shadrina, S. R. The phenomenon of "culture of health" as a scientific problem. 2 (106), Sumy State Pedagogical University named after A. S. Makarenko, 94-102.
8. Zamrozevich-Shadrina, S. R. Methodological approaches to training future teachers to form a culture of children's health in the educational complex "School-

- Kindergarten". Pedagogical sciences: theory, history, innovative technologies, 2021. 3 (107), Sumy State Pedagogical University named after A. S. Makarenko, 122-131.
9. Zamrozevych-Shadrina, S. R. Principles of training future teachers to form a culture of children's health in the kindergarten. Pedagogical sciences: theory, history, innovative technologies, 2021. 4 (108), Sumy State Pedagogical University named after A. S. Makarenko, 68-78.
10. Zamrozevuch-Shadrina S.R. THE ROLE OF THE MANAGER IN THE MANAGEMENT SYSTEM OF PRESCHOOL EDUCATIONAL. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy "Learning Without Borders" Canada). November 28. P.102-104.
11. Zamrozevuch-Shadrina S.R. THE VALUE OF NUTRITION FOR CHILDREN OF PRESCHOOL AGE. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy "Learning Without Borders" Canada). 2019. February 31. P. 95-97.
12. Zamrozevuch-Shadrina S.R. FORMATION OF GENERAL ABILITY TO STUDY AT CHILDREN OF SIX YEARS OF AGE. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy "Learning Without Borders" Canada). 2019. March 32. P.52-53.
13. Zamrozevuch-Shadrina S.R. TV INFLUENCE ON HEALTH OF CHILDREN OF PRESCHOOL AGE. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy « Learning Without Borders» Canada). 2019. June 35. P.101-103.
14. Zamrozevuch-Shadrina S.R. PECULIARITIES OF CONDUCTING PHYSICAL AND HEALTH WORK WITH JUNIOR SCHOOLCHILDREN. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy « Learning Without Borders» Canada). 2020. June 45. P.70–74.
15. Zamrozevuch-Shadrina S.R. INFLUENCE OF NUTRITION ON BODY WEIGHT CHILDREN OF PRESCHOOL AGE. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy « Learning Without Borders» Canada). 2020. September 46. P.73–76.
16. Zamrozevuch-Shadrina S.R. SCHOOL DISADAPTATION OF PRIMARY SCHOOL STUDENTS. Virtus: Scientific Journal / Editor-in-Chief M.A. Zhurba. Center of modern pedagogy « Learning Without Borders» Canada). 2020. October 47. P. 81–85.
17. Zamrozevych-Shadrina S. R. Formation of health culture of a personality in the national and foreign experience. in the domestic and foreign experience Pedagogical sciences: Theory, History, Innovative Technologies, 10 (104). 2020. Sumy State Pedagogical University named after A. S. Makarenko, pp. 347-355.
18. Zamrozevych-Shadrina S. R. Pedagogical conditions for the preparation of future Pedagogical conditions for the formation of a culture of children's health. Scientific notes. Series: Pedagogical Sciences, 196. 2021. Sumy State Pedagogical University named after A. S. Makarenko, pp. 106-110.
19. Zamrozevych-Shadrina S.R. Preparation of future teachers for formation of children's health culture: structural and component characterization. Pedagogical

- sciences: theory, history, innovative technologies. 1 (105). 2021. Sumy State Pedagogical University named after A. S. Makarenko, pp. 173-183.
20. Zamrozevych-Shadrina S. R. The phenomenon of "health culture" as a scientific problem. Pedagogical sciences: theory, history, innovative technologies, 2 (106). 2021. Sumy State Pedagogical University named after A. S. Makarenko, pp. 94-102.
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22. Zamrozevych-Shadrina S. R. Principles of training future teachers to form a culture of children's health. Principles of training future teachers to form a culture of children's health in the kindergarten. 4 (108). 2021. Sumy State Pedagogical University named after A. S. Makarenko, pp. 68-78.
23. Zamrozevych-Shadrina SR, Popadych O. Features of the organization of children's communication in the educational complex "School-Kindergarten". Pedagogical sciences: theory, history, innovative technologies, 2021. 8 (112), Sumy State Pedagogical University named after A. S. Makarenko, pp. 23-31.
24. Zamrozevych-Shadrina Svitlana, Buhaienko Tetiana, Khrenova Viktoriia, Yudenok Vitalii Formation of individual style of future teachers professional activity: pedagogical situations simulation. Scientific Notes of Berdiansk State Pedagogical University. Series: Pedagogical sciences : a collection of scientific papers. Berdiansk: BSPU, 2021. C.26-35.
25. Zamrozevych-Shadrina SR, Popadych O. Psychological and pedagogical principles of integrative courses implementation in education. Perspectives and Innovations of Science (Series "Pedagogy", Series "Psychology", Series "Medicine"). № 1 (6). 2022. C.307-317.
26. Zamrozevych-Shadrina S. R. The essence and characteristics of the conceptual and categorical apparatus of the conceptual and categorical apparatus of the study of the formation of healthy lifestyle skills in an out-of-school educational institution. Youth and the market. № 1. 2022. C.6-10.
27. Zamrozevych-Shadrina SR, Kovalev IM, Ilchenko SS, Dyachenko AA, Ludovyk TV, Antoniuk AE Analysis of technical and tactical of highly skilled athletes specializing in sambo wrestling according to the results of the 2021 World Cup. Scientific Journal of the National Pedagogical Dragomanov University. Series 15: Scientific and Pedagogical Problems of Physical Culture (Physical Culture and Sports): a collection of scientific works. Kyiv: Drahomanov National Pedagogical University, 2022. Issue 2 (146). C. 63-69.
28. Zamrozevych-Shadrina S.R., Viktorova L.V. and Efimova D.V. The problem of health protection of higher education students in the conditions of distance learning. Innovative pedagogy. № 43. 2022. pp. 105-109.
29. Theoretical aspect of the study of health culture. "Perspectives and Innovations of Science (Series "Pedagogy", Series "Psychology", Series "Medicine")." No. 2 (7). 2022. C. 278-287.

30. Zamrozevich-Shadrina S. R. The role of a creative teacher in the development of educational innovations. *Acta Paedagogica Volyniensis*. № 7. 2022. C.158-164.
31. Zamrozevych-Shadrina S.R. Formation of health-saving space of junior schoolchildren. *Scientific innovations and advanced technologies (Series "Public Administration", Series "Law", Series "Economics", Series "Psychology", Series "Pedagogy")*. 2022. № 4(6) 2022.C. 93-100.
32. Zamrozevych-Shadrina S. R. Features of interaction between school and family in the formation of a healthy lifestyle of junior schoolchildren. *Perspectives and Innovations of Science (Series "Pedagogy", Series "Psychology", Series "Medicine")*. № 4 (9). 2022. C.125-132.
33. Zabora AV, Zamrozevich-Shadrina SR, Kolesnikov VV, Khatsayuk OV, Pavlov RV Features of the technical and tactical arsenal of highly qualified athletes specializing in sambo wrestling. *Scientific Journal of the National Pedagogical Dragomanov University. Series 15: Scientific and Pedagogical Problems of Physical Culture (Physical Culture and Sports): a collection of scientific papers*. Kyiv: Drahomanov National Pedagogical University, 2022. Issue 4(149). C. 53-59.
34. Preservation and promotion of the health of the younger generation as a mandatory component of the national education system. *Pedagogical sciences: theory, history, innovative technologies*. 2 (116). 2022. Sumy State Pedagogical University named after A.S. Makarenko, pp. 25-34.
- Kolisnichenko VV, Zamrozevych-Shadrina SR, Shaparenko IE, Semal NV, Yudenko OV Pedagogical conditions of unification of a sports team under martial law. *Scientific Journal of the National Pedagogical Dragomanov University. Series 15: Scientific and pedagogical problems of physical culture (physical culture and sports): a collection of scientific works*. Kyiv: Drahomanov National Pedagogical University, 2022. Issue 5(150). C.49-53.

Participation in conferences:

1. Zamrozevych-Shadrina, S. R. Preparation of future primary school teachers for the realization of the health function of education by means of physical culture. *Materials of the All-Ukrainian scientific and practical Internet conference "Problems and prospects of professional training of a modern teacher in the context of the development of the New Ukrainian School"*. Ivano-Frankivsk: Foliant. 2019. C.33-38.
2. Actual problems of physical education of preschool children at the present stage. *Collection of abstracts of the III All-Ukrainian scientific and practical Internet conference "Actual problems of teaching and upbringing in the conditions of integration processes in educational and scientific spaces"*, November 06, 2020, Mukachevo: MSU, 2020. C.112-114.
3. Zamrozevych-Shadrina, S. R. Features of the body and health of primary school students. *IX International Scientific and Practical Conference "SCIENCE, SOCIETY, EDUCATION: TOPICAL ISSUES AND DEVELOPMENT PROSPECTS"*, August 2-4, 2020, Kharkiv. C.167-174.
4. Ukrainian embroidery is our amulet. *Materials of the All-Ukrainian scientific and practical online conference "My embroidered Ukraine: ethnocultural and*

educational potential of Ukrainian embroidery". Pedagogical thought. Kyiv: Pedahohichna Dumka, 2020. C. 70-73.

5. Zamrozevych-Shadrina, S. R. Physical culture as the basis of a healthy lifestyle for primary school students. Proceedings of the 8th International Scientific and Practical Conference "Science, Society, Education: Topical Issues and Development Prospects". Kharkiv: SPC "Sci-conf.com.ua". 2020. C.144-150.

6. Zamrozevych-Shadrina, S. R. Formation of primary school students' healthy lifestyle skills by means of physical education. Materials of the International Scientific Conference "Problems and Prospects of Implementation and Implementation of Interdisciplinary Scientific Achievements". Kyiv: ICPS. 2020. C. 41-44.

7. Zamrozevych-Shadrina, S. R. Formation of health culture of primary school students. Proceedings of the 3rd International scientific and practical conference "Innovation in Science: Modern Challenges". Munich: Littera Verlag. Munich, Germany. 2020. P. 132-137.

8. Zamrozevych-Shadrina, S.R. Teacher's readiness to use health-saving technologies in the conditions of the School-Kindergarten. Materials of the All-Ukrainian Scientific and Practical Conference (with international participation) "Physical Education and Sports in Higher Education Institutions: Problems and Prospects". Zhytomyr: Ruta. 2021. C. 22-26.

9. The problem of continuity and prospects of preschool and primary education in the professional training of a creative teacher. Proceedings of the V International Scientific and Practical Internet Conference "Actual Problems of Formation of the Creative Personality of a Teacher in the Context of Preschool and Primary Education Continuity". Mercury-Podillya LLC. 2021. Issue 10. C. 14-16.

10. Zamrozevych-Shadrina S.R. Features of correction of posture disorders in primary school children. The IX International Scientific and Practical Conference "Advancing in research, practice and education", March 08-11, 2022, Florence, Italy. P. 94-96.

11. Zamrozevich-Shadrina S.R. Age-related aspects of flexibility development. X International Scientific and Practical Conference "Modern problems in science", March 15-18, 2022, Vancouver, Canada. C.191-193.

12. Zamrozevych-Shadrina S.R. Health-improving effect of fitness training. X International Scientific and Practical Conference "Modern problems in science", March 22-25, 2022, Warsaw, Poland. C. 278-280.

13. Gender identity in modern educational conditions. in modern educational conditions. XII International Scientific and Practical Conference "Actual priorities of modern science, education and practice", March 29-April 01, 2022, Paris, France. P. 575-578.

14. Zamrozevich-Shadrina S.R. The influence of the media on children. XIII International Scientific and Practical Conference "Multidisciplinary academic research, innovation and results", April 05-08, 2022, Prague, Czech Republic. C. 447-449.

15. Zamrozevych-Shadrina S.R. Organizational and methodological features of

of conducting outdoor games with primary schoolchildren. The XIV International Scientific and Practical Conference "Theoretical and science bases of actual tasks", April 12 - 15, 2022, Lisbon, Portugal. P. 392-395.

16. Zamrozevych-Shadrina S.R. Professional and personal well-being of a teacher.

of the teacher. Proceedings of the XXVII International Scientific and Methodological Conference "Quality Management of Specialist Training" (April 21-22, 2022) Part 2. Odesa. C.134-136.

17. Zamrozevych-Shadrina S.R. Spiritual and moral development of primary schoolchildren in extracurricular activities. The XVI International Scientific and Practical Conference "Innovative trends of science and practice, tasks and ways to solve them", April 26 - 29, 2022, Athens, Greece. P.467-479.

18. Zamrozevych-Shadrina S.R. Initial categories of theory and methodology of physical culture. Modern trends in the development of science and education in the context of European integration: International scientific-practical conference, Vinnytsia, March 29-30, 2022: abstracts and articles / editors-in-chief: Drabovsky A.G., Dybchuk L.V. et al. Vinnytsia: Vinnytsia Cooperative Institute, 2022. C.88-89.

19. Zamrozevich-Shadrina S.R. Influence of physical exercises on the organism of junior schoolchildren. The XVII International Scientific and Practical Conference "Multidisciplinary academic notes. Theory, methodology and practice", May 03 - 06, 2022, Tokyo, Japan. P. 589-591.

20. Zamrozevych-Shadrina S.R. Features of training future Features of training future teachers for innovative activities. Development of pedagogical Development of pedagogical skills of the future teacher in the conditions of educational transformations: Materials of the All-Ukrainian Scientific and Practical Conference (May 13, 2022)) / Hlukhiv Dovzhenko National Pedagogical University. Hlukhiv, 2022. C. 106-108.

21. Hygiene of physical education of primary schoolchildren. Educational and Cultural Arts Practices in the Context of Ukraine's Integration into the International Scientific and Innovative Space: Collection of abstracts of the III International Scientific and Practical Conference of Students and Young Scientists (May 12-13, 2022) / edited by V.V. Nechyporenko. Zaporizhzhia. C. 253-254.

22. Zamrozevych-Shadrina S.R. Features of the use of of information and communication technologies in the training of future in the training of future teachers. Modernization of the Educational Environment: Problems and Prospects in the Context of European Integration: Proceedings of the International Scientific and Practical Online Conference (Ivano-Frankivsk, Vasyl Stefanyk Precarpathian National University, May 19-20, 2022) / Ed. T. Kachak. Ivano-Frankivsk, 2022. C.159-163.

23. Zamrozevych-Shadrina S.R. Embroidered shirt - a talisman of the Ukrainian people. My embroidered Ukraine: ethnocultural and educational potential of Ukrainian embroidery. potential of the Ukrainian embroidery: collection of abstracts of the III International scientific online conference, May 19, 2022 / edited by Dr. N.

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26. Zamrozevych-Shadrina S.R. Preparation of future teachers for professional activity. for professional activity. "Pedagogical Progress": materials of the II All-Ukrainian round table (Lutsk, June 2, 2022) / Ed. ed. by Prof. Prima R. M. Lutsk: FOP Mazhula Y. M., 2022. 84 c. C. 44-47.

27. Zamrozevych-Shadrina S.R. Mental health of children in wartime. Sociology - Social Work and Social Security - Regulation of Social Problems (Lviv, June 9-10, 2022): collection of materials of the XII International Scientific and Practical Conference. Lviv, 2022. C. 31-32.

28. Physical education as a means of forming general cultural competencies. of general cultural competencies. Scientific and methodological aspects of of improving the quality of training in the context of digitalization and Scientific and methodological aspects of improving the quality of training of specialists in the conditions of digitalization and integration into the international educational space. Internet conf. with the Ministry of Higher Education and Science, Kharkiv, June 10, 2022 / KhNADU. Kharkiv, 2022. C. 359-362.

29. The phenomenon of giftedness of primary school children.of primary school age. Collection of the All-Ukrainian Scientific Internet Conference: "Modern problems of biology in the context of climate change". June 22, 2022. Uman. Uman ICC. C. 8-10.

30. Zamrozevych-Shadrina S.R. Problems of the quality of educational services in Ukraine. Ukraine. Collection of the III All-Ukrainian scientific and practical online conference "Young scientist of modernity - the foundation of development of Education, Science and Business in Ukraine", June 22, 2022. pp. 88-91.

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32. Problems of humanization of education and society. and society. Collection of materials of the III International Scientific and Practical Conference "Modernization of the domestic legal system in the context of of the national legal

system in the context of world integration" (June 23-24, 2022). Academy of the National Aviation University of Kropyvnytskyi. C.301-302.

33. Zamrozevych-Shadrina S.R. Problems of preserving mental health of junior schoolchildren. Personality and society in the digital era: Psychological Dimension [Text]: materials of the III International Scientific and Practical (Odesa, June 24, 2022). Odesa: National University "Odesa Law Academy", 2022. C. 79-81.

34. Zamrozevych-Shadrina S.R. The use of educational innovations in the framework of of the European integration processes. Gifted children are the treasure of the nation! Proceedings of the III International Scientific and Practical Online Conference (Kyiv, August 18-23, 2022) - Kyiv: Institute of the Gifted Child of the National Academy of Pedagogical Sciences of Ukraine, 2022.

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35. Problems of environmental education of the younger generation. of the younger generation. Strategy of sustainable development of Ukraine: present and prospects: materials of the II All-Ukrainian Internet conference dedicated to the 30th anniversary of the Department of Ecology, Technology of Environmental Protection and Forestry of the National University of Water Management and of Environmental Protection and Forestry of the National University of Water and Environmental Engineering. [Rivne: NUWHP, 2022. C.61-62.